



Gardendale, AL

Coaches PREPARE Sports Safety Course Access

PREPARE Sports Safety Course

The PREPARE course will provide you—*the coach*—with sports safety education for injury and illness prevention, recognition and stabilization until a medical professional arrives. PREPARE consists of 7 modules covering topics such as hydration, first aid, concussions, injury prevention and more. This course has been used by more than 30,000 coaches who would not have access to training otherwise, and more than 400,000 athletes under the watch of these coaches.

How to Access the eLearning Course:

Go to www.sportssafety.org

1. Click "PREPARE"
2. Click "Enroll Now" You will follow the prompt to continue with a purchase.
3. Enter in your information & select "City of Gardendale" in the drop down menu
4. To zero out the cost, insert the promo code **GARDENDALE**
5. Click "Buy Now" to complete the order process
6. Click the "Get Started" to begin the course.

PREPARE Course Notes and Tips

- The course takes less than 2 hours to complete. It does not have to be completed in one sitting, and will save your progress automatically after each module.
- There is a test after each module. You must score a minimum of 80% to pass and to advance. You have two attempts at each module. If you should need a module reset contact NCSS at the contact info listed below.

For any assistance with the course please contact NCSS at:

Director of Operations

Michael Johnston (205)-746-5225

mjohnston@sportssafety.org

As a nonprofit, by using the PREPARE Course you are helping continue many sports safety initiatives!

www.SportsSafety.org

205-746-5225 • mjohnston@sportssafety.org

Please direct your questions to NCSS: Mon.-Thurs., 8:00 a.m. to 5:30 p.m. CST.